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LSD Users Stare at Sun

College students tripping on LSD stared at the sun until they went blind?

By David Mikkelson











Claim: Several students tripping on LSD stared at the sun until blinded.

Status: False.

Origins: This



legend, one the 1960s' most ubiquitous pieces of drug scarelore (along with "teenager on acid trip thinks he can fly and jumps out window") was nothing but pure hoax. Nonetheless, the national print media fell for it *twice*.

This twisted tale was born on Thursday, 18 May 1967, when California newspapers began reporting a horrific tale concerning some Santa Barbara college students who damaged their eyes by staring at the sun while they were under the influence of LSD. Here's how the story was written up by the *Los Angeles Times*:

FROM SUN GAZING WHILE ON 'TRIP'

Four LSD Users Suffer Serious Eye Damage

Exclusive to The Times from a Staff Writer

SANTA BARBARA — Four college students have suffered permanent impairment of vision as a result of staring at the sun while under the influence of LSD, according to a spokesman for the Santa Barbara Ophthalmological Society.

One of the youths told his doctor he was "holding a religious conversation with the sun."

Another said he had gazed at the sun "to produce unusual visual displays."

The students, all males, suffered damage to the retina, the sensory membrane which receives the image formed by the lens.

In the same way that a piece of paper will burn when bright light is beamed through a magnifying glass, a pinhead-size hole was burned into the retina of each eye of the students as sunlight passed through the lens.

What this has left the students with is not total blindness but a blind spot in the center of their vision.

As a result, the victims have lost their reading vision completely and forever, the ophthalmological spokesman said.

"For example, if you wanted to read," he said, "you might see all of the corners of the page and most of the print — except you wouldn't be able to see that one word you were looking at.

"If you were to look at a traffic stoplight, you might see the pole and trees and cars — but you wouldn't see the stoplight itself.

"That little black hole always moves directly where you want to see," he said.

Solar burns of the retina, the spokesman said, are not uncommon, particularly among children watching eclipses of the sun. But he knew of no previous cases which resulted from someone being under the influence of LSD.

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Three of them attend UC Santa Barbara, the other goes to Santa Barbara City College. Their ages range from 18 to 24.

The spokesman said it was his impression that each of the sun-staring incidents occurred separately. He did not know whether the students knew each other.

The four had no awareness of pain or discomfort while the sun was burning through the eye tissue, the spokesman said. The damage is permanent, because tissue so damaged does not regenerate itself.

Do you recall the first of those six one-word interrogatives all good journalists are supposed to ask? Good.

Now ask yourself, what the heck happened to the *who* in this story? Not a SINGLE NAME is mentioned anywhere in the article! None of the students is identified, none of the doctors who presumably treated them is named, the ophthamologist quoted at length is never referred to any more specifically than "a spokesman," and even the reporter ("a staff writer") remains anonymous. How is it that this unidentified reporter managed to procure bizarre quotes from the alleged victims (e.g., "I was holding a religious conversation with the sun") yet failed to gather any other basic information, such as the students' names or places of residence? Why is it that no mention is made of the medical facility where these students were presumably treated? How come the "spokesman for the Santa Barbara Ophthalmological Society," who is quoted at length, is never identified?

This story has HOAX written all over it, even before we consider the implausibility of four students' independently staring at the sun until their retinas burned, all on the same day in the same town. (A similar article from the *San Francisco Chronicle*, also credited to an anonymous "correspondent," mentions that the ophthamologist "would not be identified," and that he "refused to reveal the victims' identity.")

The LSD horror story was picked up by the Associated Press and quickly spread all over the U.S., appearing in such prominent news publications such as *The New York Times* and *Time* magazine. One might expect that even though these staid news journals were taken in by the hoax, they learned their lesson when no more details were forthcoming. (We saw, for example, no follow-up articles describing how these students were coping with their impaired vision, nor did the press offer any rueful "I'll never use drugs again" comments from any of the unfortunate victims once they'd had time to reflect on their foolishness.) It took a scant eight months before the media were trumpeting the same headline again. Here's an Associated Press dispatch as it appeared in the *Los Angeles Times* on 13 January 1968:

6 College Men Take LSD, Blinded by Sun

WASHINGTON (AP) — Six college men suffered total and permanent blindness by staring at the sun while under the influence of the drug LSD, it was learned Friday.

The six, all juniors at a western Pennsylvania college that officials decline to name, lost their sight after they took the hallucinatory drug together last spring.

Norman M. Yoder, commissioner of the Office of the Blind in the Pennsylvania State Welfare Department, said the retinal areas of the youths' eyes were destroyed.

Federal officials questioned about the case said it is the first they have heard of in which total blindness resulted. The only similar case officials knew of was one reported last May in which four students at the University of California at Santa Barbara suffered permanent loss of their reading vision by staring at the sun after taking LSD.

Lie on backs in Sun

Yoder said in a telephone interview from Harrisburg that the Pennsylvania students all had taken LSD at least once before. He said they went to a grassy area in a woodland about half a mile from the college and took the drug there. Then, he said, they all lay on their backs in the grass "and were not consciously looking at the sun"

The youths were found at the scene, blind and helpless, the afternoon of the same day by fellow students who knew of the "trip" plans. Those using the drug had been gone about six hours.

Yoder said the youths didn't even realize they were staring at the sun "until they came out of the trance," but that they had come to their senses when the other students arrived.

The afflicted students have since been receiving rehabilitation services of the Pennsylvania Welfare Department.

First of all, notice that the ante has been upped: now there are six students; the victims have been made completely

blind; and, as *Newsweek* described it, this tragedly bef × ingineering students who were "nice kids, not hippies" (unlike those California freaks who blathered on about having "religious conversations with the sun"). And once again, there's that nagging non-specificity of detail: the students, their school, their rescuers, the doctors who treated them, and the medical facility where they were taken are all unnamed. The spokesman *is* identified this time, but as we're about to see, Dr. Norman M. Yoder is not quite a reliable source.

Although the incident in Pennsylvania was reported as a breaking news story, it had allegedly occurred 20 months earlier (in April 1966). Dr. Yoder, blind from childhood due to an accident, had attended a lecture on the "dangers of LSD" in the autumn of 1967, and shortly afterwards he mentioned the story of the blinded students to Joseph Hunt, the commissioner of the Rehabilitation Service Administration, an office of the federal cabinet's Department of Health, Education and Welfare. Hunt asked Yoder for a written account of the incident, and Yoder complied by submitting actual case studies of six blind students (with the students' names covered over), all of whom were reportedly receiving state aid. This "report" was leaked to an Associated Press reporter who released it to the media on 13 January 1968, and outraged government officials took quick action. The next day the Federal Drug Administration announced it would conduct an investigation and prosecute the persons who had supplied LSD to the blinded students. On January 16, Pennsylvania state senator Benjamin R. Donolow and the press secretary for vacationing Pennsylvania governor Raymond P. Shafer both stated at news conferences that the story was true, as did Governor Shafer himself on January 17.

Some sensible skeptics managed to make themselves heard, however. Ophthamologists expressed their doubts that even LSD could override self-preservation instincts long enough to keep a person's eyes focused on the sun until retinal tissues burned, or that such an occurrence could have remained unreported twenty months later. And when investigators began to check on the case reports offered by Dr. Yoder, they found several damning inconsistencies: one of the "victims" had been receiving state aid since before April 1966, and another hadn't even been a student at the time of the alleged blindings. Yoder admitted on January 18 that he had made the whole thing up because of his "concern over illegal LSD use by children." The "distraught and upset" Commissioner Yoder was immediately suspended from his post as he checked himself into the Philadelphia Psychiatric Center, where he spent four weeks before being permanently removed from his position with the Welfare Department. (Although Dr. Norman Yoder is the name now mentioned whenever this story is discussed, the creation of this legend should be credited to the anonymous hoaxster[s] who had planted the "blinded students" articles in California newspapers eight months earlier.)

As usual, the unraveling of the legend received far less attention from the press than its sensational outbreak had produced, and it remained a widely believed drug horror story throughout the next decade. (*Newsweek* reluctantly printed a tiny retraction in response to a reader who wrote them that "the entire affair was the ill-conceived hoax of individuals who possibly share your zealotry for evoking before the public's terror-charged eyes the many perils presumably awaiting the hallucinogenic traveler.") Joel Fort provided an apt and succinct commentary on this legend in his 1969 book *The Pleasure Seekers:*

No instances of blindness have been shown to result from LSD use, but, of course, there are millions of blind people and hundreds of known causes of blindness which the public and press have shown much less concern about than the propaganda associating LSD with this severe disability. The propensity of the mass media uncritically to accept lurid and sensationalistic stories emanating from generally untrustworthy and uninformed government sources is probably far more dangerous to our social fabric than LSD. Printers' ink in one sense is the most dangerous chemical in use.

Sightings: In episode #36 of *Dragnet 1967*, Sgt. Joe Friday makes reference to those poor kids in Santa Barbara who went blind from staring into the sun.

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